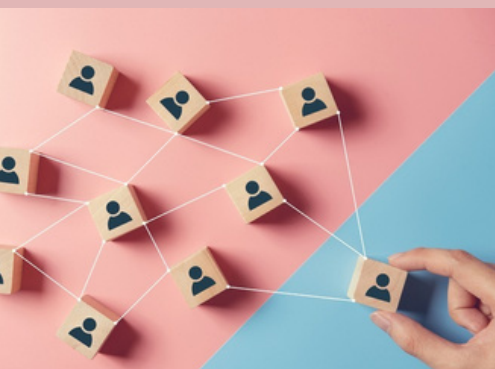


# NEWSLETTER



Welcome to the BSSVD Newsletter for Summer 2023. It aims to keep you up to date with the various projects being undertaken at the moment. We hope you find it informative!

## FUTURE BSSVD MEETINGS

We are still looking for volunteers to host the BSSVD Annual Scientific Meeting in 2024 and 2025. The plan is to have a one-day virtual meeting in 2024 and then a two-day face to face meeting in 2025.

The meetings will be fully supported by our admin team throughout and you will be welcome to do as much or as little as you like, although we would ideally require you to prepare an agenda and source the relevant speakers.

To register your interest, please click the link below and complete the relevant form:

[EXPRESSION OF INTEREST](#)



# LIVING WITH VULVAL LICHEN SCLEROSUS

## Living with Vulval Lichen Sclerosus: A Short Film Resource for Healthcare Professionals

This short film was created based on the real words of people with vulval lichen sclerosis (LS). It is aimed at healthcare professionals, particularly in primary care, to increase awareness and understanding of LS and the needs of those living with the condition.

This was part of the 'Living with Vulval Lichen Sclerosus' study at the Universities of Bristol and Warwick. It was funded by the ESRC and led by Dr Sophie Rees. Members of the BSSVD council, especially Dr Caroline Owen, supported the development of the script and accompanying text.

The film is intended to be used as an educational tool with permission. Email Sophie Rees [Sophie.rees@bristol.ac.uk](mailto:Sophie.rees@bristol.ac.uk) or contact her on Instagram (@vulva\_researcher) or Twitter (@drsophierees)

A brief anonymous survey is collecting feedback to the film: [www.tinyurl.com/LSFilmFeedback](http://www.tinyurl.com/LSFilmFeedback)

Our clinical practice article in the British Journal of General Practice provides practical advice for primary care professionals: [www.tinyurl.com/LS-BJGP](http://www.tinyurl.com/LS-BJGP)

FILM

## WOMEN'S HEALTH LIBRARY

The Royal College of General Practitioners have an impressive selection of online learning. A lady called Sylvia King has recently made a kind donation to have the e-learning Vulva Cancer Module available to all for free. It has been developed together with the Eve Appeal and takes 15 minutes to complete.

To access the module, please click on the link below...

MODULE



## A MULTICENTER, RANDOMISED, PLACEBO-CONTROLLED STUDY

Ulysse Gaspard, Melanie Taziaux, Maud Jost, Herjan J T Coelingh Bennink, Wulf H Utian, Rogerio A Lobo, Jean-Michel Foidart

**Objectives:** A phase 2 study showed that 15 mg estetrol (E4) alleviates vasomotor symptoms (VMS). Here, we present the effects of E4 15 mg on vaginal cytology, genitourinary syndrome of menopause, and health-related quality of life.

### [RESEARCH PAPER](#)

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## LASER TREATMENT IN GYNAECOLOGY - A RANDOMIZED CONTROLLED TRIAL IN WOMEN WITH SYMPTOMATIC LICHEN SCLEROSUS

Elke Krause, Stephanie Neumann, Marina Maier, Laura Knabben, Michael D Mueller, Annette Kuhn

**Objectives:** The aim of the study was to evaluate the therapeutic effect of laser treatment in vulvar lichen sclerosus, mainly the reduction of existing symptoms as itching, burning and pain. The team asked about the different outcome by using different application doses.

### [RESEARCH PAPER](#)

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## RANDOMIZED CLINICAL TRIAL WITH FRACTIONAL CO2 LASER & CLOBETASOL IN THE TREATMENT OF VULVAR LICHEN SCLEROSUS.

Hakayna Calegaro Salgado, Denise Gasparetti Drumond, Gabriel Duque Pannain, Louise Gracielle de Melo e Costa, Fernanda Souza Sampaio & Isabel Cristina Goncalves Leite

**Objectives:** The main objective of the study was to describe and compare the feasibility of using fractional CO2 laser to the usual treatment with Clobetasol. Randomized clinical trials brought together 20 women from a Brazilian university hospital, 9 of them were submitted to Clobetasol treatment and 11 to laser therapy. Evaluations were made before the beginning of the treatment, during its implementation, right after its completion (3 months), and 12 months after.

### [RESEARCH PAPER](#)

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# ISSVD WORLD CONGRESS & INTERNATIONAL VULVOVAGINAL DISEASE UPDATE 2024

The International Society for the Study of Vulvovaginal Disease (ISSVD) would like to invite you to join us as an attendee and /or to share your research at the upcoming XXVII World Congress and International Vulvovaginal Disease Update. **The abstract submission deadline is March 1, 2024. Registration is expected to open at the end of 2023 but all course information can be viewed here:** <https://www.issvd.org/events/issvd-live/issvd-wc-and-vulvovaginal-disease-update-2024> or visit [issvd.org/events](https://www.issvd.org/events).

The International Vulvovaginal Disease Update (IU) is a postgraduate course and will be offered on September 13 & 14, 2024 followed by the XXVII World Congress (WC) held on September 16-18, 2024. The venue of the congress is the Cankarjev Dom Cultural and Congress Center, located in the very center of Ljubljana, the capital of Slovenia. This meeting will be a live event held in Ljubljana, Slovenia with enduring materials available until December 2024. You are welcome to attend either or both events as both are open to all healthcare providers with an interest in vulvovaginal disease.

Ljubljana, capital city of Slovenia, is a beautiful city with a vibrant atmosphere, plenty of green spaces and an old town that will offer our attendees many opportunities for networking and socialization. We certainly look forward to seeing you and your colleagues in Slovenia.

If you have any questions, feel free to email us at [issvd@issvd.org](mailto:issvd@issvd.org).



## VULVAR ULCER ALGORITHM

Our partners, the International Society for the Study of Vulvovaginal Disease (ISSVD), has produced the **Vulvar Ulcer Algorithm**.

This **free, innovative tool** is specifically designed to **support healthcare professionals in diagnosing and treating various causes of vulvar ulcers**.

Crafted with the user in mind, the Vulvar Ulcer Algorithm features an **interactive format**. By simply clicking on any underlined word within the document, you can instantly access a **wealth of detailed information** on that specific topic.

To augment your understanding, we have also provided a **PowerPoint presentation** on vulvar ulcers. This presentation is linked within the algorithm, serving as an **additional resource** that extends the breadth of information available to you'.

[VULVAR ULCER ALGORITHM](#)

## CONTACT...

If you require any assistance, the BSSVD admin team are always available to help.

Please contact them via email:  
**[admin@bssvd.org](mailto:admin@bssvd.org)**

