

# Establishing a database of patients seen in the Joint Vulval Clinic, Whipps Cross Hospital, Barts Health NHS Trust, London

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## Introduction

The joint vulval clinic (JVC) provides gynaecology and dermatology input, jointly, for women with a range of vulval conditions in an inner London setting.

The aims of this project were:

1. To establish a database of conditions seen
2. To identify areas for improvement of service.

A retrospective audit of case notes for all women attending the JVC in 2019 was performed.

## Key findings

1. Total 148 patients (22 clinics)
2. Follow ups 75; new patients 73
3. Mean age od 57.5 years (3.5-90.5)
4. Wide range of vulval conditions seen
5. New referrals made up half of all appointments
6. The dermatoses were the most common group of conditions with lichen sclerosis the predominant condition
7. The patient reported experience feedback was overwhelmingly positive

Diagnosis	N	Further details	Mean age (years)	
Dermatoses	100	Lichen sclerosis (66%) Lichen planus (18%) Lichen simplex (10%) Eczema (3%) Psoriasis (2%)	63.4 (20.2-90.3) 62.6 (38.8-83.4) 48.6 (28.9- 73.6) 29.7 (10.5-48.5) 45.2 (31.3-59.8)	L. S follow up 61 %; new patient 39%
VIN	13	Previous VIN 12 New diagnosis VIN 3		Subtypes Usual 72% Differentiated 15% Not specified 13%
Vulval SCC	3	All new diagnoses		
Cysts/lipomas	5			
Extra-mammary Paget's	9			
Pain syndromes	8	Vulvodynia 37% Vulval irritation 25% Vulval/groin pain not specified 25% Pelvic pain 13%	45.4 (9.9-87.7)	100% of these patients discharged within the year of 2019
Other	5	Cribiform hymen 1 Labial asymmetry 1 Vulval naevus 1 Urethral caruncle 1		
Notes unavailable	5			

## Conclusions

Establishing this database has revealed the breadth of vulval conditions seen from a variety of referral sources. Very few inappropriate referrals were seen. To address the complex psychosexual nature of these conditions we recommend extending the network of vulval services to include psychosexual counsellors and clinical psychologists.

Figure 1. Source of referral

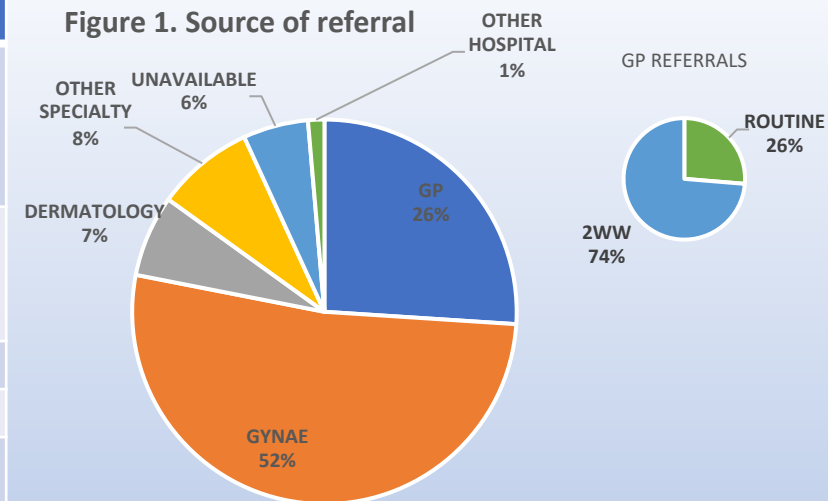


Table 2. Patient reported experience feedback

What was good about your care, and what could be improved?
Doctors and Nurses are all amazing, they made me feel very comfortable. The care I received was brilliant.
Though they were really nice. Got no complaints. I like it here.
Took care and gentle.
Very friendly staff, relaxed appointment.
Lot of improvement. Given clear advice.
Excellent care. Very nice Doctor/Staff, made my mum feel better.
The Doctor gave me good information about my condition.
Really attentive Doctors - respectful, clear and caring. Great facilities. Thank you.