

A YEAR ON A PAGE – ACTIVITY PLAN FOR TRAINEES (ST6/7) WITH AN INTEREST IN VULVAL DISEASE

All gynaecology trainees should have an understanding of vulval disease. At ST1-5 grades knowledge and skills level should reflect the core curriculum which has recently been updated with regards vulval disease. For senior trainees the ATSM in vulval disease is useful for leadership roles as a Consultant and complements the ATSM in gynaecology or colposcopy. However, for many trainees commitment to the vulval ATSM might not be appropriate, but still wish to develop knowledge and skills in vulval disease. This 'year on a page' therefore is aimed at both those not registered with the vulval disease ATSM (and those registered) to give a framework of how they can plan out the year. It should be used in conjunction with the revised RCOG ATSM in vulval disease which is specific in training needs and contains more granular detail. This year on page is not endorsed by the RCOG.

See this link for the revised ATSM in vulval disease http://www.rcog.org.uk/files/rcog-corp/Vulval_Disease_2014.pdf

	Quarter 1	Quarter 2	Quarter 3	Quarter 4
Knowledge criteria and clinical competency	Review STRATOG vulval disease module Review national guidance on vulval disease (lichen sclerosus, vulvodynia, RCOG green top guidelines) Review BSSVD and ISSVD resources Consider purchase of vulval atlas	Vulval disease course (University of Herts Vulval disease course)	Attend patient support group meeting (eg Vulval Pain Society)	Attend (and present) at BSSVD annual meeting)
Training support and evidence	Attendance at vulval clinic* Attendance at psychosexual clinic Observe/perform vulval excisional biopsy, plastic surgical refashioning of the vulva (eg z plasty)** Meet with mentor***	Attendance at vulval clinic* Session with histopathologist to discuss cases Meet with mentor***	Attendance at vulval clinic* Attendance at pain management clinic Meet with mentor***	Attendance at vulval clinic* Attendance at patch testing clinic Lead/contribute to vulval disease postgraduate education and training session (see the BSSVD website for details on the mandatory half day session on vulval disease for trainees) Meet with mentor***
Service development		Attend /organise a vulval operational meeting (if locally feasible) Attend /organise a vulval MDT (if locally feasible)	Carry out a vulval audit and departmental review	

*ATSM registered trainees need to attend 20 vulval clinics over one year

**May not be routine available but discuss with members of the gynaecology and /or plastic surgery team

***Arrangements will vary according to local services. Might be vulval clinic lead or preceptor for ATSM in vulval disease

Tip - Your outcome for clinic attendance includes developing confidence in history taking (vulval, pain and sexual) , clinical examination, starting basic treatment, and knowledge of when to refer complex patient to members of the vulval MDT service. This is best enabled by seeing and following through new patients followed ideally by a CBD with the clinical lead. Keep a log book of cases for your PDF